

Sound Beach, NY Community Guide

Beaches & Outdoor Recreation

- Cedar Beach Town Nature Preserve (Mount Sinai)
 - Beach, nature center, playground, fishing, walking trails, sunsets
 - West Meadow Beach (Setauket)
 - Beautiful Long Island Sound beach with walking path and playground
 - Stony Brook Beach
 - Harbor views and quiet waterfront
 - Sound Beach Park
 - Neighborhood park with basketball court
 - Avalon Nature Preserve
 - Walking trails and scenic ponds
 - Wildwood State Park
 - Hiking, camping, beach access
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Local Restaurants

Sound Beach / Rocky Point

- Sea Basin Restaurant
- La Plage
- Old Fields Restaurant
- CJ's American Grill
- Spiro's Restaurant
- Orto

Port Jefferson (15 minutes)

- The Steam Room
 - Danford's Restaurant
 - Fifth Season
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Shopping

Everyday Shopping

- Rocky Point Plaza
- Miller Place Shopping Center
- Port Jefferson Village (boutiques & waterfront shops)

Larger Shopping Centers

- Smith Haven Mall
 - Tanger Outlets Riverhead
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Schools

Sound Beach is served primarily by:

Rocky Point School District

- Rocky Point Union Free School District

Portions of western Sound Beach attend:

Miller Place School District

- Miller Place Union Free School District

School district boundaries vary within Sound Beach. ([Wikipedia](#))



Nearby Hospitals

- Stony Brook University Hospital
 - Mather Hospital
 - Peconic Bay Medical Center
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Things for Kids

- Long Island Aquarium
- Splish Splash Water Park
- Long Island Game Farm
- White Post Farms
- The Adventure Park at Long Island
- Children's Museum of the East End

The East End offers several family attractions, including the aquarium, water park, and children's museum. ([Tripadvisor](#))



East End Activities

North Fork

- Wine tasting
- Farm stands
- Lavender fields
- Greenport Village
- Sunset beaches
- Breweries
- Antique shopping

Hamptons

- Southampton Village
- East Hampton
- Montauk Lighthouse
- Ocean beaches
- Boutique shopping
- Art galleries

Riverhead

- Long Island Aquarium
 - Splish Splash Water Park
 - Riverhead Raceway
 - Polish Town
 - Tanger Outlets Riverhead
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Local Favorites

- Port Jefferson Harbor
- Cedar Beach sunsets
- Kayaking on Long Island Sound
- Fishing charters
- Fall pumpkin picking
- Apple orchards
- North Fork wineries
- Holiday light festivals
- Summer concerts
- Farmers markets
- Harbor cruises
- Seafood restaurants

This combination of waterfront recreation, highly rated local restaurants, nearby shopping, and easy access to the North Fork and Hamptons is a major draw for homebuyers considering the Sound Beach area.